Mom's Casserole

From Robin Geiman

1 lb. ground beef or turkey

2 cup elbow macaroni

Shredded cheddar cheese

15 oz. tomato sauce

Basil, garlic salt, oregano

Milk

- Boil and drain the macaroni
- Brown and drain the meat, then add the tomato sauce, herbs, and garlic salt to taste
- Put the drained macaroni in a big casserole dish and add about 1/2 cup cheese. Stir to melt the cheese.
- Add the meat/tomato sauce mixture to the dish and stir. Add about 1/2 cup more cheese, then add 5 or 6 "shots" of milk by poking a hole in the mixture and dolloping the milk in (probably about 1 cup milk total).
- Put a little more cheese on the top and bake at 350° for 25-30 minutes, covered.